

Avoid Being The Constraint Yourself

List The Skills You Will Need to Complete Your Project

- Look at your dependency tree to identify skills you will need
- Which do you feel a need to improve upon? The felt need can be your source of motivation to learn
- List the needs and related skills
- Think about how you will measure your proficiency in the skill. “I will be able to do x , y , and z within t minutes”
- Read about this in the book
 - HL chapter 10, pages 278-280

Skills to Develop

Felt Need*	Skills to Develop	Measure of Skill Improved	Date Reached

* A felt need for some improvement. This might come from a desire to learn new things, a performance improvement experiment, or frustration.

Development Road Map to Root Training Efforts in Time

Skills to Develop	Year			
	Q1	Q2	Q3	Q4

Self Development Road Map

- Look at your list of skills to develop in the top section and think about which you should learn first to de risk your project
- List the skills you want to develop in order in the lower section
- Change the time frame from Quarters to whatever unit makes sense for your project
- Create a Gantt chart of what you plan on learning, when
- Transfer the start and end dates to your calendar as appointments to check in on your own progress
- Add more checkins during your work to ensure you make good progress

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Self Development Options

Self leadership skills - time management, consistent motivation

- Practice by using your Self Leadership Lab experiments and lab notebooks combined with the Performance Wisdom Jig

Technical skills

- Find free courses or videos to learn what you need for your project

Professional skills

- Find online resources and people in your network who can help you learn faster

