How can we learn to ask better questions?

If the quality of our questions matters so much, how can we

Learn to ask better questions?

The Habitual Questions of Your Life

My current life is defined by questions like:

Next level questions might be:

One way to uncover more interesting questions.

When you think or write, use fewer periods, be present, then use **more commas** and **more question marks** to explore next level deeper questions.

Elevator Statements =

opportunities to go deeper or higher towards truth

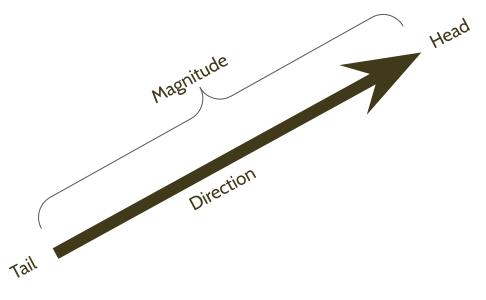


Elevator Statement Examples and Questions

- Statement: "..., but that's just the way _____ is." (love, life, loss, work, aging)
 - **Question**: "Can you tell me more about how "love is"?
- "..., but that's another story..."
 - "Would be willing to share the story? I have not heard it."
- "That was the end of that."
 - "What happened next? How did that affect you?"

What Are the Qualities of Questions?

- A questions is like a vector
 - Starting point (tail)
 - End point (head)
 - Magnitude (length)
 - Direction (angle)



Higher Quality Questions Wisdom Jig

	Current Question	Higher Quality Question
Question		
Starting points		
End points		
Magnitude		
Direction		

Practice Asking Higher Quality Questions

Set time with friends and family and get curious

- Work with the higher quality question you just designed
- Ask more open-ended questions
- Listen really
- Follow your curiosity into elevator statements
 - Definitions
 - Assumptions
 - Meanings
 - Implications

Read & Study Examples of Great Questions

Plato's Dialogues - start with <u>Meno</u>

Ecclesiastes - digging into really big questions

Thomas Aquinas - <u>Summa Theologica</u> - a giant collection of dialectic thinking

<u>Sherlock Holmes</u> - especially his curiosity and methodical thought processes

Good interviewers - Krista Tippett and her On Being podcast

Hal Gregersen, MIT - <u>Questions are the Answer</u>

Dale Carnegie - How to Win Friends and Influence People - the American classic

